



FRONDITHA
CARE

WELCOME

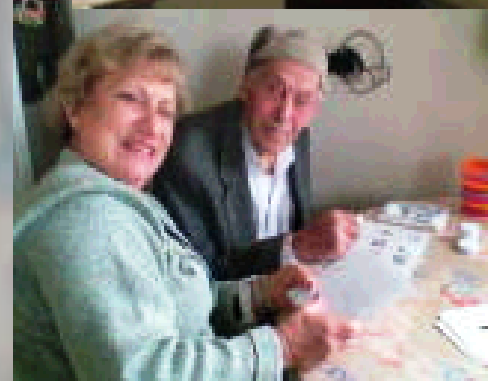
Australia's first ethno specific
Host Home – a cultural tour

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ACSA NATIONAL CONFERENCE 03.06.10



REFLECTIONS



Fronditha Care - Overview

Residential Care

- Five facilities across Victoria and New South Wales

Community Care

- 40 Independent Living Units for financially and socially disadvantaged
- 125 Community Aged Care Packages
- Planned Activity Groups
- 2 Host Homes
- Other small programs

AUSTRALIAN POPULATION PROJECTS

Millions										
Age Range	2007	%	2017	%	2027	%	2037	%	2047	%
65-74	1.5	7	2.2	9.5	2.7	10.6	3.0	10.9	3.0	10.7
75-84	1.0	4.7	1.2	5.0	1.8	7.2	2.3	8.5	2.6	9.1
65+	2.8	13.4	3.9	16.7	5.2	20.5	6.4	23.6	7.2	25.3
85+	0.4	1.7	0.5	2.2	0.7	2.7	1.1	4.2	1.6	5.6
Total	20.9		23.2		25.3		27.1		28.5	

AUSTRALIAN POPULATION PROJECTIONS

- Increased longevity – the average life expectancy of males and females aged 65.

	Males (Years)	Females (Years)
2007	83.78	86.98
2047	87.45	89.5

CALD POPULATION PROJECTIONS

- Australian Institute of Health and Welfare projections for 65 +

1996	2026
392,000	939,000
17.8%	21.2%

- Increase of CALD population 65+ from 1996 to 2026 is **139%**

CALD POPULATION PROJECTIONS, cont.,

- 80+

1996	2026
64,000	269,600
10%	25%

- Increase of CALD population 80+ from 1996 to 2026 is **321%**

ALZHEIMER'S

- Access Economics – Aug 2009. Keeping dementia front of mind: incidence and prevalence 2009 – 2050.

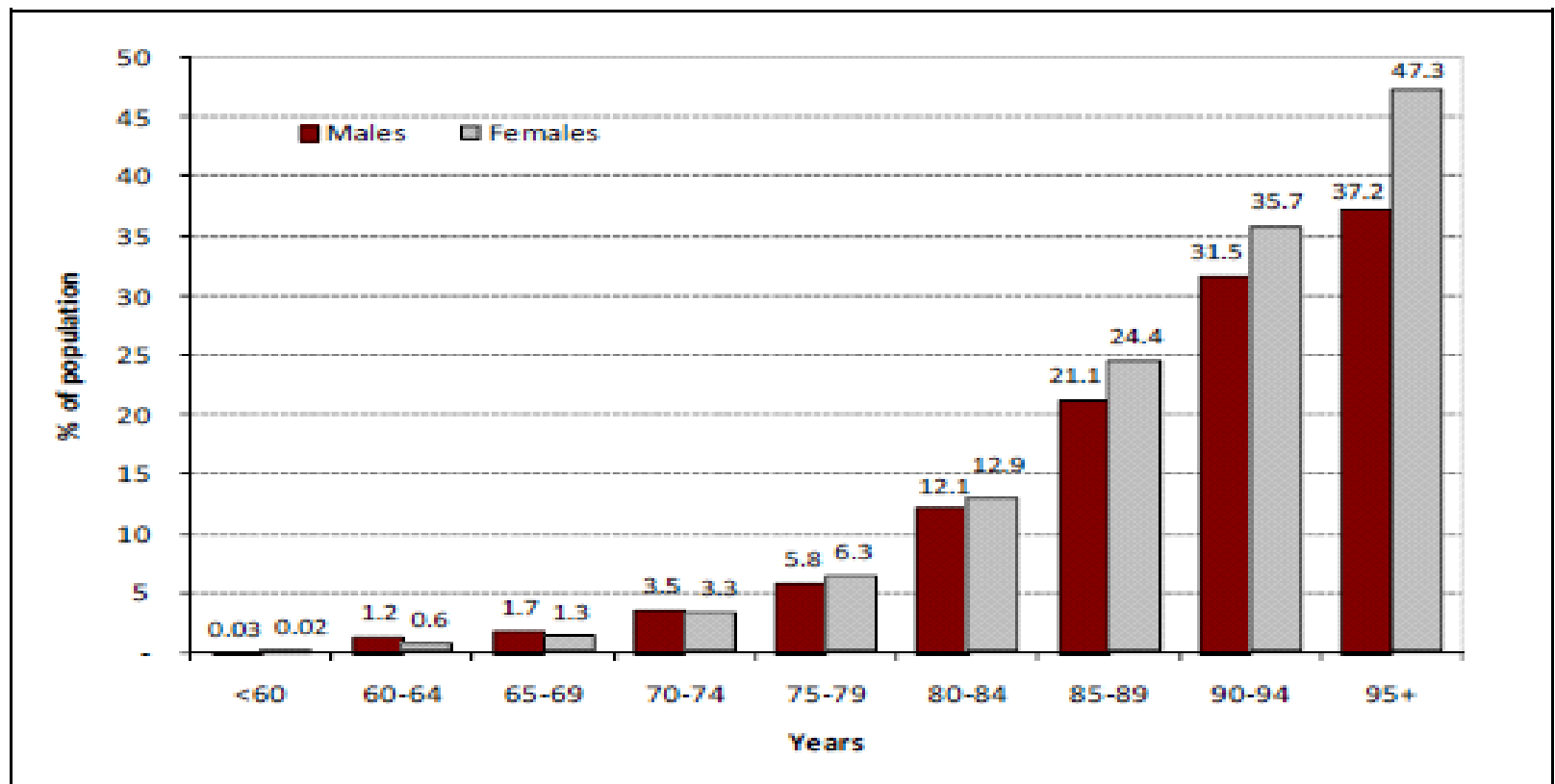
	2010			2030			2050		
	Total	CALD	%	Total	CALD	%	Total	CALD	%
VIC	65,844	12,623	19	146,044	21,703	15	275,237	39,752	14
NSW	87,961	12,926	14	188,131	22,990	12	341,414	46,427	13
AUS	257,275	35,549	13	591,531	61,855	10	1,130,691	119,582	10

ALZHEIMER'S

- The number of people with dementia who speak a CALD language at home triples by 2050.
- This represents a very significant increase in the future demand for CALD trained dementia care providers and culturally appropriate services.

ALZHEIMER'S

Estimated dementia prevalence rates in Australia 2009



Source: Access Economics calculations.

ALZHEIMER'S

- Dementia is the leading single cause of disability in older Australians (65 +)
- Dementia is one of the fastest growing sources of major disease burden, overtaking coronary heart disease in its total wellbeing costs by 2023
- Dementia will become the third greatest source of health & residential aged care spending within about two decades. These costs alone will be around 1% of GDP

Migration to Australia

- Greek migration to Australia started in the early colonial period.
- The majority of Greek migration occurred in the 1950s, 60s and early 70s.
- Fleeing for a better life.
- Most of their lives spent in rural village areas of Greece
- Low education levels and did not speak English
- Today the Greek community is the second largest immigrant community, after the Italian community.
- Statistically Greeks in Australia have the highest continuing use of a native language.

The Ageing Experience in the Greek context

- The concept of “I vs. community”
- The family unit
- Caring for elders
- The impact of conflicting responsibilities for the 2nd generation
- The informal carer

Perceptions of Dementia in the Greek Community

- Still little understanding of dementia in the Greek community
- Lost in translation
- Stigma and isolation
- Later diagnoses and treatment
- Language barrier between generations
- Hesitation to accept services

What is Host Home Respite?

- Brief history of the Host Home Model
- Partnership approach
 - Commonwealth Respite and Carelink Centre Southern Region (Australia's first ethno specific Host Home – Southern Region)
 - UnitingCare Community Options Host Home / Carer Support – Eastern Region
- Positive Partnerships

Why this model of care for the Greek community?

- Easily replicated
- Flexible and adaptable
- Culturally sensitive and appropriate
- The significance of the home environment
- Responding to the senses
 - environment
 - comfort
 - food
 - activities
 - outings and community connectedness
 - language, culture and tradition
- A stepping stone into the broader service system

Froniditha's Host Home Model

- Initial Implementation
 - locating a Host Home
 - addressing occupational health and safety requirements
 - matching staff to the program and providing ongoing training and support
 - defining the target group

Froniditha's Host Home Model

- Initial implementation cont...
 - promotion and education within the community
 - recruiting participants to the group
 - supporting carers
 - developing a recreational program
- Challenges and achievements

Froniditha's Host Homes – what do they look like today

5 years on....

- Structure of the group
- Established networks
- Support from partnering organisations
- Development of a second Host Home
- Wish list

Feedback

- Participant feedback and observational changes
- Carer Feedback
- Staff Feedback
- Provider Feedback

At a glance – a day out at Fronditha's Host Home

- Καλωσορίσατε στο σπίτι μας
- DVD Presentation

Resources and Contacts

Helpful links

- www.greekcare.org.au
- www.froneditha.org.au
- www.alzheimers.org.au/upload/CALDPerceptionsOct08.pdf (Dementia Perceptions - Greek)

Contacts

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